

FULL OF BEANS

BREAKFAST

Toast (VG) <i>Contains WHEAT</i>	2.15
Scrambled Egg on Toast (V) <i>Contains EGG & WHEAT</i>	4.55
Beans on Toast (VG) <i>Contains WHEAT</i>	4.55
Cheese on Toast (VGO) <i>Contains WHEAT</i>	4.55
Vegan Sausage Sandwich* (VG) <i>Contains WHEAT & SOYA</i>	4.95
Vegan Sausage & Egg Sandwich* (V) <i>Contains WHEAT & SOYA</i>	5.45
All Day Breakfast (V) (VGO) <i>3 Sausages (VG), 2 Scrambled or Fried Eggs, Baked Beans, and 2 Slices of Toast</i> <i>Contains EGG, WHEAT & SOYA</i>	6.25

LIGHT BITES

Mixed Olives and Peppers (VG)	4.95
Hummus with Pitta and Veg Sticks (VG) <i>Contains WHEAT</i>	4.95
Sliced Halloumi with Chilli Jam (V) <i>Contains MILK and SULPHITES and may contain CELERY, EGG, MUSTARD, PEANUTS, SESAME, SOYA & cereal containing GLUTEN</i>	4.95
Mediterranean Vegetable Tart (VG) <i>Contains WHEAT</i>	4.95
Crunchy Nachos with Melted Cheese (V) Load with Salsa, Sour Cream and Jalapeños (VG) +0.50 <i>Sour Cream contains MILK</i>	4.95
Tiger Fries (GF) (V) (VGO) <i>A perfect mix of Sweet Potato and Skin-on-Fries</i> Add Cheese +0.50 Load with Salsa, Sour Cream and Jalapeños (VG) +0.50 <i>Sour Cream contains MILK</i>	4.95

JACKETS

All served with Side Salad

Cheese (VGO)	5.45
Beans and Cheese (VGO)	5.45
Tuna Mayo <i>Contains FISH</i>	5.45
Chicken Parmesan <i>Contains MILK & EGG</i>	5.45
Chipotle Cajun Chicken <i>Contains EGG</i>	5.45

SANDWICHES, CIABATTAS & PANINIS

**Served with Crisps and Garnish*

Ciabattas contain RYE and BARLEY

Mozzarella, Tomato and Pesto (V) <i>Contains SOYA, NUTS, WHEAT & may contain SESAME</i>	5.45
Grilled Cheese (VGO) <i>Contains MILK, WHEAT & may contain SESAME</i>	5.45
Red Pepper and Hummus (VG) <i>Contains WHEAT & SESAME seeds</i>	5.45
Tuna and Cheese Melt <i>Contains FISH, WHEAT & may contain SESAME</i>	5.45
Chicken Parmesan <i>Contains MILK, EGG, WHEAT & may contain SESAME</i>	5.45
Chipotle Cajun Chicken <i>Contains EGG, WHEAT & may contain SESAME</i>	5.45

SALADS

All served with a warm Flatbread

Mediterranean Salad (VG) <i>Cucumber, Tomatoes, Red Onion, Olives, Greek Style Cheese & Oregano</i> <i>Contains MILK & WHEAT</i>	6.95
Chicken Caesar Salad <i>Chicken Breast, Lettuce, Caesar Dressing & Croutons</i> <i>Contains MILK, EGG, CHEESE PASTE, GARLIC & WHEAT</i>	6.95
Tuna Salad <i>Tuna, Lettuce, Cucumber, Tomatoes, Red Onion, Boiled Potatoes, Boiled Egg & French Dressing</i> <i>Contains FISH, MILK, EGG, MUSTARD & WHEAT</i>	6.95

Please ask your server for other variations (VGO)

KIDS SNACKS & BABY FOOD

Kids' Snacks	0.95
Baby Snacks	1.45
Baby Food	1.95

FULL OF BEANS FUN LUNCH

4.95

Jam, Cheese or Tuna Mayo Sandwich
May contain MILK or FISH

PICK 3 ITEMS

Cookie Bag, Raisins, Veg Sticks, Pom Bears, Quavers, Bear Winders, Soreen Bar, Bear Paws, Yoghurt, Babybel or Piece of Fruit

Unlimited Squash Included

Contains SULPHITES & METABISULPHITES

Our chicken is halal • All food is locally sourced where possible

V: Vegetarian • VG: Vegan • VGO: Vegan Option Available • GF: Gluten Free

Disclaimer: Please be aware that our food may contain or come into contact with common allergens such as: celery, cereals containing gluten, crustaceans (such as prawns, crabs and lobsters), fish, lupin, dairy, eggs, molluscs (such as mussels and oysters), mustard, peanuts, tree nuts (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios and macadamia nuts) seame, soybeans, sulphur dioxide and sulphites. Whilst we take steps to minimize risk and safely handle the foods that contain potential allergens, please be advised that cross contamination may occur, as factors beyond our reasonable control may alter the formulations of the food we serve, or manufacturers may change their formulations without our knowledge.

SWEET TREATS

Raspberry & White Chocolate Brownie (GF) <i>Contains MILK & EGG</i>	3.45
Salted Caramel Brownie (GF) <i>Contains MILK & EGG</i>	3.45
Biscoff Brownie (VG) <i>Contains GLUTEN & SOYA</i>	3.45
Lemon & Blueberry Cake (VG) <i>Contains GLUTEN</i>	4.25
Carrot & Ginger Cake <i>Contains GLUTEN, MILK & EGG</i>	4.25
Warm Belgian Waffles (V) <i>Contains MILK, SOYA, WHEAT & EGG</i> <i>All served with cream, ice cream, syrup & your choice of topping...</i>	4.95
+ Oreo Cookie (V) <i>SOYA, WHEAT & may contain MILK</i>	
+ Kinder Bueno (V) <i>MILK, SOYA, HAZELNUTS & WHEAT</i>	
+ Reese's <i>MILK, SOYA & PEANUTS</i>	
+ Mint Aero (V) <i>MILK, SOYA, NUTS & may contain PEANUTS</i>	
+ Terry's Chocolate Orange (V) <i>MILK, SOYA, WHEAT & may contain NUTS</i>	
St. Pierre Caramel Waffles (2-pack) (V) <i>Contains MILK, SOYA, WHEAT, EGG & may contain NUTS</i>	1.65

TEA

Pot of Tea or Decaf Tea	2.75
Herbal Teas <i>Earl Grey, Decaf Earl Grey, Peppermint, Chamomile, Green Mint, Strawberry & Raspberry, Lemon & Ginger</i>	2.85
Chai Latte <i>Contains MILK</i>	3.55

COFFEE

Espresso	2.45
Double Espresso	2.75
Americano	2.85
Flat White	3.15
Cappucino	3.25
Latte	3.25
Macchiato	3.25
Mocha <i>May contain MILK</i>	3.45
Extra Coffee Shot	1.15
Flavoured Syrup (VG) <i>Ask team for flavours</i>	0.55
Alternative Milk	0.55

ICED COFFEE

Iced Coffee	3.25
Iced Mocha <i>May contain MILK</i>	3.75

HOT CHOCOLATE & MORE

Hot Chocolate (V) <i>May contain MILK</i>	3.25
Baby Hot Chocolate (V) <i>May contain MILK</i>	1.65
Babyccino <i>A cute cup of warm frothy MILK, dusted with Chocolate</i>	1.65
Puppucino	1.25

PREMIUM SHAKES

<i>Our Shakes are made with ice cream, whole MILK, syrup, sprinkles & your favourite flavour...</i>	4.45
+ Strawberry	MILK
+ Banana	MILK
+ Chocolate	MILK & SOYA
+ Vanilla	MILK
+ Oreo Cookie (V) <i>SOYA, WHEAT & may contain MILK</i>	
+ Kinder Bueno (V) <i>MILK, SOYA, HAZELNUTS & WHEAT</i>	
+ Reese's <i>MILK, SOYA & PEANUTS</i>	
+ Mint Aero (V) <i>MILK, SOYA, NUTS & may contain PEANUTS</i>	
+ Terry's Chocolate Orange (V) <i>MILK, SOYA, WHEAT & may contain NUTS</i>	
<i>Sprinkles may contain MILK, SOYA, EGG & WHEAT</i>	
Protein Shake <i>Contains MILK</i>	4.45
<i>Ask team for flavours</i>	

MAKE IT FANCY

Add Cream / Marshmallows / Topping of your choice
Contains MILK & may contain SOYA

SMOOTHIES

+ Pash 'N' Shoot (GF) (VG) <i>Passion Fruit, Pineapple & Mango</i>	
+ Berry-Go-Round (GF) (VG) <i>Blackberry, Raspberry & Strawberry</i>	
+ Blueberry Thrill (GF) (VG) <i>Raspberry, Blueberry, Banana & FLAX SEEDS</i>	
+ Coco Loco (GF) (VG) <i>Mango, Coconut, Pineapple, Mint & Lime</i>	
+ Big 5 (GF) (VG) <i>Pineapple, Mango, Kiwi & Strawberry</i>	
+ Strawberry Split (GF) (VG) <i>Strawberry & Banana</i>	
+ Broccoli & The Beast (GF) (VG) <i>Broccoli, Spinach, Cucumber, Mango, Pineapple & Banana</i>	
+ Kale Kick (GF) (VG) <i>Kale, Spinach & Mango</i>	
+ Avo Go-Go (GF) (VG) <i>Avocado, Broccoli, Spinach, Mango, Coconut, Ginger & Lime</i>	
+ 24 Carrot Gold (GF) (VG) <i>Carrot, Turmeric, Sweet Potato & Mandarin</i>	
+ Detox-Zing (GF) (VG) <i>Ginger, Courgette, Banana, Carrot & Blueberry</i>	
+ Doctor Beet (GF) (VG) <i>Beetroot, Carrot & Mango</i>	

COLD AND SOFT DRINKS

Can of Drink	1.55
Orange/Apple Juice Bottle	2.25
Still/Sparkling Water	1.75
Fruit Shoot	1.55
Juice Carton	1.55
Kids' Milk Cup	1.20
Kids' Squash Cup	1.20
Unlimited Kids' Squash	2.25

Squash contains SULPHITES & METABISULPHITES